

# HOSPITAL-AT-HOME

# 2025



With Hospital-at-Home, we offer patients an alternative to general ward hospital admission, allowing you to receive quality, safe, care in the comfort of your own home.

We provide care with 24/7 monitoring for any acute condition deemed appropriate by your treating doctor, e.g. pneumonia, cellulitis.

A team of trained healthcare professionals will bring all the essential elements of hospital-level care to your home.

Healing at home is shown to have better clinical outcomes for you with quicker recovery.

## WHO QUALIFIES?

You qualify for Hospital-at-Home care if you have an acute condition and have been referred by your treating doctor. All Bonitas members have access to this benefit.

These conditions may qualify:

- Pneumonia (lung infection)
- Acute exacerbation of COPD, heart failure and asthma
- COVID-19
- Cellulitis (skin infection)
- Bladder or kidney infection
- Post-surgery care
- DVT (blood clots)
- or any other condition deemed appropriate by the referring doctor

Instead of being admitted into hospital, a team of medical professionals come to you: either virtually or in-person, depending on your needs.

When you are clinically stable, your doctor can also discharge you early from hospital to complete your acute care at home.

We know that when you need us you won't be feeling your best. That's why we're here to support you through timethis and help you to recover as quickly as possible.

## OUR TWO OFFERINGS:

**01**

### Remote Patient Monitoring

- Admission cycle of 5 days
- 24/7 virtual vital signs monitoring
- Continuous virtual visits and clinical support from our team of experts
- Continuous care by your treating doctor and/or Quro doctors
- Short-term home oxygen (if needed)
- Ambulance services (if needed)

**02**

### Hospital-at-Home (more active clinical intervention)

- All services offered in Remote Patient Monitoring
- Daily visits for 3 days or more frequently where needed
- Blood tests
- Wound dressings
- Medication and/or fluids via a drip
- Allied healthcare services including Physiotherapy



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## HOSPITAL-AT-HOME ADMISSION IS EASY:

**01**

Visit your doctor for a consultation to decide if Hospital-at-Home is a good option.

**02**

Quoro Medical will manage your pre-authorisation and will contact you. Bonitas covers these costs through the hospital benefit.

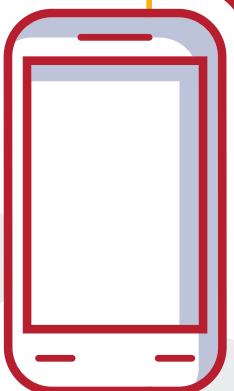
**03**

Once approved, a member of the Quoro Medical team will meet you at your home (or at the hospital if you are currently admitted).

**04**

Relax and recover from home with 24/7 monitoring, regular check-ins and ongoing support from the treating doctor.

## DETAILS FOR HOSPITAL-AT-HOME



**Email:** [info@quomedical.co.za](mailto:info@quomedical.co.za)



**Call:** +27 (0)10 824 1150



**Website:** [www.quomedical.co.za](http://www.quomedical.co.za)